

## Boys Regional Results

### Boys

Roman Colsten - 10th Place in the 114lb weight class

Anthony Peak - 7th Place in the 242lb weight class

Anthony Cork = 4th Place in the 275lb weight class

The boys competed really well for their last meet of the year. We had many PR (Personal Records) on several lifts. Roman Colsten is the only senior out of the bunch. Therefore, I'm expecting big things from Anthony Peak and Anthony Cork next year. Ishmael Perez did a great job assisting lifters all year with wrapping knees to whatever we asked of him. Coach Carter did a great job of pushing these lifters to get uncomfortable and make huge gains in the weight room.



In picture from left to right, Coach Carter, Anthony Cork, Ishmael Perez, Roman Colsten, Anthony Peak.